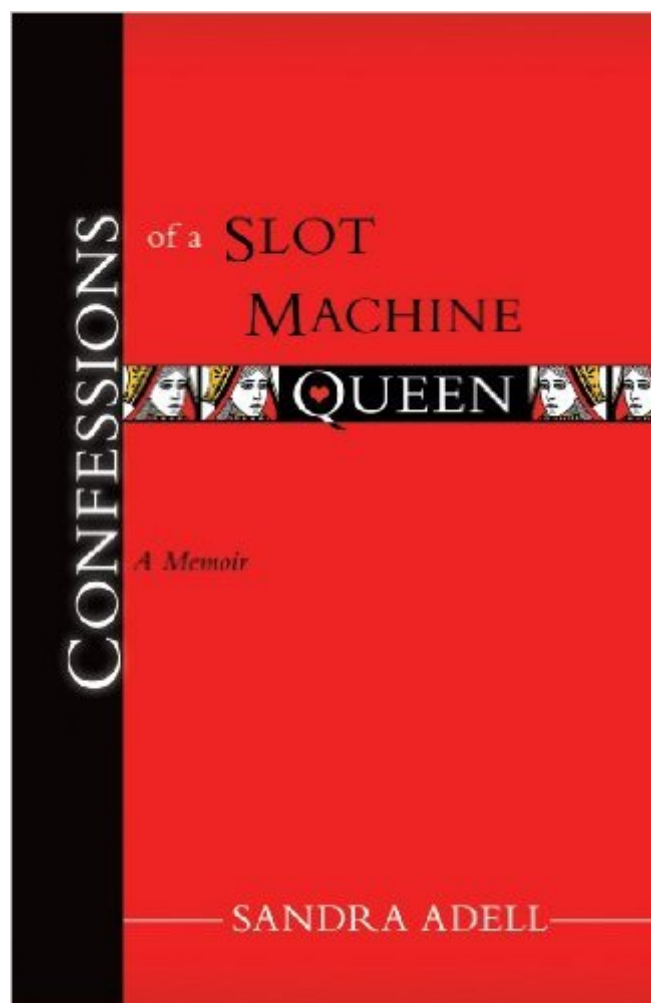


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# Confessions Of A Slot Machine Queen



## Synopsis

The global economic crisis deepens by the day, yet the gambling industry continues to rake in enormous profits as people everywhere pump billions of dollars into slot machines in the hope of winning the ever elusive jackpot. Sandra Adell's *Confessions of a Slot Machine Queen* offers an intimate look into problem and compulsive casino gambling and the impact the casino industry is having on vulnerable communities, especially poor and working class people, the disabled, communities of color, and women the fastest growing population of problem gamblers in the United States. Adell's narrative of gambling and loss unfolds against her history as an unwed and uneducated teen mother from Detroit who beat the odds stacked against her and went on to earn a Ph.D. and a coveted position as a literature professor in a major Midwestern university. In a clear and unaffected prose style, Adell describes how she went from having no interest in gambling to risking everything she had worked for after playing the slots and winning a small jackpot. We watch as she struggles against the lure of the slots only to get seduced time and again until she finally spirals out of control and is forced to confront the demons that lay beneath the surface of her professional persona. *Confessions of a Slot Machine Queen* is as much a story of redemption as it is a critical examination of the casino gambling industry and the potential dangers of this new and high-tech form of entertainment.

## Book Information

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## Customer Reviews

Dr. Sandra Adell, Senior Professor of Literary Studies at UW-Madison, has penned an engrossing

memoir entitled, "Confessions of a Slot Machine Queen" about her experiences growing up in Detroit as a teenage, African-American mother and high school drop out, and her adult obsession with casino slot machines - a compulsion that got her arrested, and on several occasions nearly ended her life. Not only is "Confessions" a page turner, the writing is visual, profound, humorous and altogether delightful. A must read for anyone touched by addiction, self or others, in its many forms.

### Confessions of a Slot Machine Queen

I agree that the writing in this book is very good, just really fine expository writing and in any case the reader feels privileged to see her personal, professional, and family life. Nonetheless, I think it fails in that it just never quite helps readers understand why problem gamblers gamble. It's quite clear from the text that the author understands the math of repetitive gambling (and therefore knows that unless you stop the house odds will surely grind you down) and has no magical illusions about the power of mind over slot machine. Further, she strongly dislikes the casino environment and does not seem to enjoy gambling. Yet, she can't seem to stop, despite a growing awareness, even horror, at what it is costing her in money and personal respect. Casino gambling is hugely popular, yet I've never had a clue as to what makes it attractive. Mostly those doing it don't appear to be having fun and, even without problem gambling, it's still a costly activity. So, I read this book primarily because I wanted some understand of why people do this, despite its high cost and, for some, significant risks. In the end I was disappointed with this book because it just didn't help me understand. I do realize that some people engage in a variety of compulsive behaviors, and often they're unable to explain why it so hard to stop them. So, perhaps this is beyond explanation, just something no one who hasn't experienced it can understand. But if so, books about it will be of limited interest. In any case, the reader can't help but walk away without the realization, "This could happen to anyone (but it's more likely to happen if there's a casino nearby)" and, "The downside of 'just trying it' may be far larger than you think."

I read this book in two days; I could not put it down. I know Professor Adell personally, and she carries herself in such a poised, demure manner that I never would have imagined her background was so tumultuous. I would definitely recommend this book for any person struggling through a gambling addiction, and this book should be first on the list for any single parent contemplating returning to school.

Shows how educated, smart and successful people can succumb to this addiction, the insanity, this

irrational urge. She didn't have to lose it all to know her time was up. It's about having the right attitude when your solution doesn't quite come at you the way you expected.

Not a whole lot here that deals with gambling addiction. This book is more a biography of this woman. Not a bad read but also not what I was looking for.

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